

CAMP MANITO·WISH YMCA

2009

Parent/Guardian Information



**IMPORTANT MEDICAL AND CAMPER HISTORY FORMS
AT THE END OF THIS BOOKLET.**

Experience
MANITO·WISH®



Welcome to Camp Manito-wish YMCA!

We're looking forward to your arrival at Camp and are happy that you're joining us for our 91st summer! Please read through this information thoroughly. A successful summer is made possible with much preparation by Camp, you and your camper. We also ask you to be as thorough as possible in completing all forms...it is the first step to ensuring the best possible experience for your child. Please don't hesitate to contact us with any questions you have.

Sincerely,



Anne Derber
Executive Director



Drew Richmond
Camp Director

CHECK LIST

The following forms must be ***signed and returned*** to Camp Manito-wish YMCA **by April 30, 2009**.

 ***Helpful Hint: We recommend making a copy of each completed form to keep for your records.***

*Designates required form for ALL campers

___ **Camper History Form*** It is **IMPERATIVE** that this form be completed as honestly and to the fullest extent possible. Please know that this form is considered confidential and will only be used by those working most directly with your camper. The more thorough your information is, the more prepared we can be to provide a positive experience for your camper and family.

___ **Health History Record***

___ **Physical Examination Record***

*You must have a **physical exam within 12 months** of your session start date.*

___ **Fee invoice***

OTHER ENCLOSED FORMS:

The following items may also have due dates if they are appropriate for your child's needs:

___ **Transportation Registration** (must be submitted **4 weeks prior to session start**)

___ **Equipment Order Form** (must be returned to Camp by **May 10** to ensure availability)

___ **Name Label Order Form**

___ **Supplemental Information for International Campers**

OTHER ENCLOSED ITEMS:

For All Programs: ___ What to Bring List

For Outpost: ___ Specialty What to Bring Lists

<p>SUMMER CAMP</p> <p>BOYS Two-week: entering 5th-10th grade June 20 (Sat.) – July 3 (Fri.) July 5 (Sun.) – July 18 (Sat.)</p> <p>Four-week: entering 8th-10th grade June 20 (Sat.) - July 18 (Sat.)</p> <p>GIRLS Two-week: entering 5th-10th grade July 21 (Tues.) – August 3 (Mon.) Aug. 5 (Wed.) – Aug. 18 (Tues.)</p> <p>Four-week: entering 8th-10th grade July 21 (Tues.) – Aug. 18 (Tues.)</p>	<p>LUMBERJACK/ LUMBERJILL CANOE TRIP</p> <p>BOYS July 5 (Sun.)-11(Sat.)</p> <p>GIRLS August 5 (Wed) -11(Tues.)</p>	<p>OUTPOST</p> <p>Voyageur Entering 9th or 10th grade (must be 14 years of age prior to trip)</p> <p>Boys Session 1: June 20 (Sat.) – July 3 (Fri.) Session 2: July 21 (Tues.) – Aug. 3 (Mon.)</p> <p>Girls Session 1: July 5 (Sun.) – July 18 (Sat.) Session 2: Aug. 5 (Wed.) – Aug. 18 (Tues.)</p> <p>Intermediate Entering 10th or 11th grade Pioneer canoeing, Isle Royale backpacking, Georgian Bay sea kayaking Session 1: June 29 (Mon.) – July 18 (Sat.) Session 2: July 21 (Tues.) – Aug. 9 (Sun.) Session 3: July 30 (Thurs.) – Aug. 18 (Tues.)</p> <p>Advanced Entering 11th or 12th grade Saskatchewan "Canuck" Canoeing: July 2 (Thurs.) – Aug. 9 (Sun.) Western Backpacking: July 2 (Thurs.) – Aug. 3 (Mon.)</p> <p>Expeditionary Entering 12th grade or 2009 high school graduate Canoeing, Backpacking or Sea Kayaking: June 24 (Wed.) – Aug. 18 (Tues.)</p>
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Summer Camp Daily Schedule:

When your camper is not on trail, the camp day will be structured as follows:

7:00 am First Bell	1:30 pm Rest Hour
7:15 am Second Bell	2:15 pm First Cabin Activity
7:30 am Breakfast	3:30 pm Second Cabin Activity
8:30 am Camp/Cabin Details	4:30 pm Free Swim
9:15 am First Coaching Period	5:00 pm First Bell
10:30 am Second Coaching Period	5:15 pm Second Bell
11:30 am Free Swim	5:30 pm Supper
12:00 pm First Bell	6:30 pm Evening Activity
12:15 pm Second Bell	9:00 pm Showers/prepare for Taps
12:30 pm Lunch	9:30 pm Taps (younger campers)
	10:00 pm Taps (older campers)

ARRIVAL, DEPARTURE & VISITING DAYS

Opening Days: Campers may arrive from 1:00 p.m. to 4:00 p.m. on the opening day of the session.

Closing Days: Campers may be picked up between 9:00 a.m. and 11:00 a.m. on the closing day of your session, unless different arrangements are made in advance with the camp director. You may proceed directly to your child's cabin to meet them. We ask that you sign out your camper as they leave our care, either from the bus stop or from Camp. We must have signed permission in advance if the camper is to be picked up by someone other than a custodial parent/guardian.

Visiting Days:

The following days are designated as Visitor Days for Summer Camp campers:

HOURS: 10 a.m. to 2 p.m.

Boys: June 28	Girls: July 26
July 12	August 9

PLEASE CALL AHEAD to make sure that your camper is not out on the trail.

Upon arrival, please check in at the Administration Office and we will locate your camper. Guests are welcome to visit the program/public areas of Camp. We ask that visitors respect the privacy of the campers who do not have guests by staying out of the cabins and cabin areas.

All are welcome to our Sunday chapel service at 11:00 a.m. Parents and guests are welcome to join one of the guest tables for a 1:00 p.m. lunch. *Reservations are required* and a modest fee will be charged. Campers will eat with their cabin group to maintain the cabin community and to facilitate food service. We require that campers and visitors **stay on camp property** for their visit. To leave camp property would be disruptive to your child and their cabinmates.

COMMUNITY STANDARDS

This is our mission:

Our mission is to provide fun, life-enriching experiences for our campers. We will work to see that all those who are associated with us have a "Manito-wish Experience" where each participant grows in wisdom, in stature, in favor with God, and in favor with one another. (Luke 2:52)

To accomplish this we develop a healthy community through our belief in four core values of caring, honesty, respect and responsibility. We expect your camper's behavior to reflect these values. Campers who are found using any tobacco products, alcohol or illegal drugs, while at Camp, will be sent home. Guns and other types of weapons brought by campers will not be allowed. Other aggressive behaviors will be taken care of with respect of these core values. We expect and appreciate your cooperation in establishing our community. Please discuss with your camper the importance of helping all campers and staff members have a life-time experience by being respectful of those around him/her.

Camper Code of Conduct/Bullying: Camp Manito-wish YMCA believes that a safe and positive environment provides the best experience for all our campers. We expect our campers to follow clear expectations regarding their behavior. Bullying involves the tormenting of others through verbal harassment, physical assault, or other more subtle methods such as gossiping or exclusion. This behavior is not acceptable and will result in disciplinary action and possible dismissal from Camp. Each camper is expected to treat all other campers with respect, and to help each other achieve the best possible Camp experience. If a camper has difficulty meeting these expectations, parents will be called upon to assist. Camp leadership takes allegations of bullying seriously and trains our staff to prevent bullying from occurring. Camp leadership also trains staff to promote communication with staff and their campers so that both will be comfortable in alerting us to any problems during their experience. We ask that you encourage your camper to be a positive influence on other campers. Also please stress to your camper to talk with a staff member if there is any issue.

Staff Code of Conduct: Camp Manito-wish YMCA believes that a safe and positive environment provides the best experience for growth for all of our campers. Knowing this, we hold our staff to very high standards. This begins with our selection and training of staff. We expect our staff to model the values of caring, honesty, respect and responsibility. We expect our staff to abide by Camp policies regarding the use of tobacco, alcohol and drugs and we expect our staff to be committed to providing a safe, fun and enriching Manito-wish experience. Every staff member is aware of our expectations upon hire.

HEALTH CARE/MEDICAL INSURANCE

Physical Exam Policy: *ALL Summer Camp and Outpost participants must have a physical exam within 12 months of your session start date.*

- If your child has a history of **ANAPHYLAXIS** or has been diagnosed with **DIABETES**, you must contact Camp as soon as possible to discuss your camper's history and treatment.
- If your Physician recommends/prescribes you use a **Peak Flow Meter**, please include it with the inhaler for proper monitoring while at Camp.

Medical Care: All campers and staff are required to have current, completed health history and physical examination forms on file. **These forms must reach us before your camper arrives at Manito-wish.** Our Health Center is staffed by certified medical staff. Should your child need any additional medical care, a clinic and hospital are located approximately 25 minutes from Camp. Parents will be notified when their camper receives medical treatment through a hospital or clinic, stays overnight in the Health Center, or is evacuated from trail for medical reasons.

Medications: Over-the-counter medications **should not** be sent/brought to camp with campers. We have over-the-counter medications which will be provided to campers and staff as needed under our procedures for health care provided by our local consulting physician.

Only those prescription medications prescribed by a physician will be administered. **All medications must be in the original pharmacy container with the correct name, date, and instructions on the bottle. We will **NOT** give campers any medication that is improperly labeled or not prescribed by a physician.** For safety, all medications will be stored in the health center. A telephone call will be made to parent and/or physician concerning all medications about which there are any questions.

Prescribed allergy or hay fever injections must have specific written instructions from the camper's own physician. Because a doctor must give all injections, campers will be taken to the doctor for such treatment. Parents will be responsible for the expense of these injections.

Insurance: Health and accident insurance coverage for each camper is the responsibility of the parents. You will be billed by the medical facility or camp for any medical/prescription charges incurred on your camper's behalf for immediate reimbursement to Camp.

SPECIAL NOTE TO OUTPOST CAMPERS: *If you will be traveling in Canada, please confirm with your health insurance provider that there will be insurance coverage outside of the U.S.*

COMMUNICATION

Camp is an exciting time for both campers and parents, and perhaps it comes with some nervousness about being separated. This is definitely a time to enjoy and build independence...for campers AND their families. To enable a positive outcome, we encourage positive communication with your camper.

We offer two ways to encourage your camper:

- **Mail:** Tried and true, this is still THE BEST METHOD to help your camper through encouraging words. Why a written letter? It's simple. People save letters...not emails. When you send a written letter to your camper, you're enhancing a memory. Encourage friends and family to write as well. You may want to mail a letter a few days ahead of arrival to ensure your camper will receive a letter while they are here.

Please address your letters as follows:

Camper Name, Camper Cabin Name
Camp Manito-wish YMCA
P.O. Box 246
Boulder Junction, WI 54512

(for UPS and FedEx packages use
5650 Camp Manitowish Lane)

Care packages should not include food or electronics, as both will be held until departure.

You may want to include a book or stationery and stamps, etc.

- **Camp-o-grams:** You can send your camper a Camp-O-gram through our website, www.manito-wish.org. Our email program is one-way from the sender to your camper. We will print received emails daily and deliver them with cabin mail (Monday – Saturday). Emails received while your camper is on the trail will be delivered upon their return. This service is offered free of charge. Donations to help offset the cost of printing and distributing the Camp-o-grams are greatly appreciated and can be noted on your invoice payment.

NOTE: Camp-o-grams sent after 10:45 a.m. the day your camper's departure can not be delivered to your camper.

We print and distribute hundreds of Camp-O-grams everyday. Please treat these as you would any other type of letter. Please try to not send multiple emails everyday, whenever possible, combine all communication into one email to your camper. For siblings, please send separate emails. Note: Campers will not have access to computers during their stay at Manito-wish.

FOR OUTPOST: Mail will be held while campers are on trail & delivered upon return to Camp.

Whether a written letter or email,

- Be positive and encouraging.
- Ask open-ended questions which encourage descriptions.
- Include a sheet of paper and stamped envelope...it increases your chance for a letter back.
- Remember that one of the reasons your camper is at Manito-wish to build a sense of independence and confidence.



Helpful Hint: ***You can help avert homesickness** by not dwelling on how much you miss him or her. It's o.k. for a camper to know they are missed. It is more important, however, for them to know that you are proud of them for going to Camp and expanding their horizons.*

Due to programming schedules and use of camp phones for business purposes, campers will not be able to call home or take your calls. If we have a concern about your child, we will contact you. If you do not hear from us, please know that your child is not exhibiting any behavior that would cause concern. As we say "no news, is good news."

Cell phones are not permitted. Cell phones with a camera feature are not considered a camera at Camp.

Emergency Trail Communication:

A dedicated phone line for staff to contact Camp is answered 24 hours a day.

Summer Camp trips: cell phone

Expeditionary trips /Saskatchewan "Canuck" Canoeing: Personal Locator Beacon: P.L.B.s put out a distress signal picked up by satellites and provide a position fix.

Satellite Phone

VHF Air Band Transceiver: The VHF radios allow users to speak to any visible airplane, providing two-way communication.

Western Backpacking: Personal Locator Beacon: (P.L.B.s) put out a distress signal picked up by satellites and provide a position fix.
Satellite Phone

Mariner Sea Kayaking: Marine Radios: Marine radios allow group to receive weather reports and to speak with the U.S. Coast Guard, pleasure craft, and local marinas.

Personal Locator Beacon: (P.L.B.s) put out a distress signal picked up by satellites and provide a position fix.

Satellite Phone


Georgian Bay/Apostle Island Kayaking: Marine Radios: Marine radios allow group to receive weather reports and to speak with the U.S. Coast Guard, pleasure craft, and local marinas.

Cell Phone

Isle Royale/Voyageur Backpacking and Pioneer/Voyageur Canoeing: Cell phone

LUGGAGE/LOST & FOUND

PLEASE MAKE SURE ALL OF YOUR CAMPER'S BELONGINGS ARE LABELED WITH FULL FIRST AND LAST NAMES. Iron-on labels are available if you choose. An order form has been mailed with this packet.

 *Helpful hint: Don't use initials as there may be other camper's with the same initials as your camper.*

A WHAT TO BRING list has been sent with this packet.


Luggage to Camp should:

- Be a large duffel bag or other type of soft-sided baggage. No trunks please.
- Be clearly identifiable with a luggage tag or full name written on it.

Each camper has space in their cabins to store personal belongings. Please do not over-pack.

Lost & Found: Camp is full of fun and activity, and it can be easy to leave things in one program area as a camper hurries to the next activity. By clearly labeling all belongings and reminding your camper to leave Camp with what they arrived with, we can work to cut down on the volume of lost & found. Once at Camp, we will show your camper where the Lost Pine is. If anyone finds something that is not theirs, they should return it to the Lost Pine. Your camper should try to check the Lost Pine often if they are missing anything.

We will work to return any found items belonging to your camper before they leave. What isn't returned, will be placed in front of the Boyce Administration Building on closing day. Please check for any items before you leave Camp. If you don't discover something is missing until you return home, please call us immediately. We will ship the found items to you, however due to the volume of lost & found, we have a shipping charge.

 *Helpful hint: As you pack, create a list for your camper to use as they repack their items as they prepare to go home after Camp.*

CABIN REQUESTS

Many of our campers arrive "solo" and quickly make new friends. Some attend with a friend and request to be in a cabin together. Either way, your child will make new friends.

Should you want to make a cabin request, here are guidelines:

- 1) A written note must be submitted from **both** families seeking a request, and/or it must be noted on the camper history form.
- 2) Campers must be the same age and/or grade.
- 3) Campers must be attending the same session.
- 4) Multiple cabin requests are not encouraged, as it can be disruptive to cabin dynamics.

Cabin requests made within 48 hours of arriving at Camp will not be honored. No requests are guaranteed, though we do our best to honor them. Also, even though a cabin request has been fulfilled, we can not guarantee that the requested campers will go on trail together. Thank you for your understanding.

OUTPOST Tripmate Requests: Small group wilderness travel is one of many components of the Manito-wish program that contributes to the quality of your experience. While we do our best to honor requests for campers wanting to be in the same trip group, we cannot guarantee this placement.

PASSPORTS

If you are an Outpost participant who is traveling outside of the U.S. YOU MUST HAVE A VALID PASSPORT.

Passports are required on the following trips:

Pioneer Canoeing
Saskatchewan "Canuck" Canoeing
Mariner Sea Kayaking
Expeditionary Canuck
Expeditionary Mariner



SPENDING MONEY

Summer Camp: How much to deposit in your child's camp bank account depends on your camper's interests. The average camper deposits \$75-\$100 by adding it on the fee invoice or sending it separately. Cash is not necessary at Camp as all purchases are charged against this account. **Please talk with your child about how they are to spend this money.** Items available for purchase through the camp store or trips department include: canoe paddles, maps, stamps, stationery, t-shirts, sweatshirts, socks, souvenirs and personal hygiene products. Any remaining balances over \$10.00 will be mailed home at the end of the session unless you choose to donate it to our campership fund. Balances under \$10.00 will be returned to the camper upon departure.

Outpost: How much to bring? It depends on the camper's interests. The average Outpost camper brings \$100 in cash or traveler's checks. **This money is NOT deposited in the Camp Bank** due to the short amount of time that Outpost campers are in camp. Campers use this money to buy needed items, fishing licenses, or souvenirs along the way. If your child will be traveling into Canada, you may want to bring a portion in the appropriate currency.

CONTRIBUTIONS

Campership: Camp Manito-wish YMCA depends on financial contributions from hundreds of individuals to keep our program strong. Approximately 15% of our annual operating budget is covered by donations. These gifts help us to keep program equipment up-to-date and to provide "camperships" - financial assistance to campers who otherwise would not be able to afford the camp fee. Because of this generous support, roughly 15% of campers receive financial aid each summer based on family need. If you wish, please indicate your tax-deductible contribution on the enclosed invoice.

World Service: Camp Manito-wish is proud to be a part of the worldwide YMCA movement. The Y is active in over 130 countries around the world, making it one of the largest human service organizations on the planet. Throughout its history, Manito-wish has supported and promoted international experiences for campers and staff. If you would like to participate in this support, please indicate your tax-deductible contribution on the enclosed fee invoice. Campers, staff, and guests have the opportunity to contribute through offerings during Sunday chapel services as well.

Camp Treats: **Please do not send candy or food treats with or to your child.** Occasional special events are celebrated with treats such as candy, soda and snacks. These "all camp" events are fun and part of the tradition at Manito-wish. Should you choose, you can ensure that this tradition continues by donating \$2 - \$5 dollars to the Camp Treat Fund on the fee invoice. Your contribution will enable us to provide special treats for campers.

Camp-o-grams: We print and distribute several thousand Camp-o-grams every summer. There is no charge for this service. Contributions to help offset this cost are greatly appreciated and can be noted on your fee invoice.

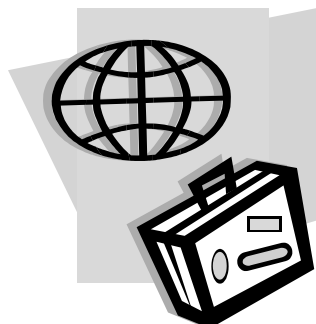
INTERNATIONAL HOST FAMILIES

Every summer, we are fortunate to have campers from around the globe. We're looking for Manito-wish families to host our international campers in their homes before and after their Camp Manito-wish sessions.

We continue our program with the Abraham Lincoln School, which is located in Bad Munder, Germany, and anticipate six students from this school this summer, in addition to several other campers from other locations.

Flight arrangements are being made; we will provide host families with flight information and family contact information. All campers will arrive at O'Hare International Airport in Chicago. Host families can reside in Northern Illinois and throughout Wisconsin, so please don't feel limited if you do not live in the Chicago area. However, host families do provide transportation to and from the airport.

If you would like to be part of this international experience, please contact Dianna at (715) 385-2312.



TRANSPORTATION

Driving Directions: If you drive to Camp, we are 4 hours north of Madison off I-39 / U.S Highway 51. Proceed north of Minocqua/Woodruff, WI, on U.S. Highway 51 to County M, turn right, (if traveling from the North turn left) and take M into the town of Boulder Junction. From town, follow West County K (left) to the main entrance of Camp. We are about one mile beyond Boulder Junction on County K. Look for the orange canoe.

Because Boulder Junction is a popular tourist destination, we suggest making reservations early if you are going to stay in the area. You may contact the Boulder Junction Chamber of Commerce at 1-800-GO-Musky (466-8759) or www.boulderjct.org for lodging information.

Bus Service: Chartered bus/van transportation is available. A final Transportation Schedule with fees is enclosed. It is important that you **complete the enclosed transportation registration form and return it with payment at least 4 weeks prior to the beginning of the session** because buses need to be chartered early. Manito-wish staff chaperone all buses/vans and lunch is included in the transportation fee. A bus list will be sent out prior to each session. Please make sure that all information on the transportation form is accurate and complete.

A 48-hour cancellation notice is required to avoid forfeiture of transportation fees.

Need to Know Facts about Transportation

Transportation reservations must be made at least 4 weeks prior to camp.

- Each fee is for a one-way fare.
- Most fares include lunch.
- Shaded box indicates probable use of bus.
- All buses are chartered. Camp vans may be used instead of buses per enrollment.
- Staff members ride all buses and vans.
- Airport pickups available at the Rhinelander Airport and Central Wisconsin Airport.

DEPARTING TO CAMP

	time/date	6/20	6/24	6/29	7/02	7/05	7/21	7/30	8/05
Green Bay	11:30 AM								
Madison	10:45 AM								
Manitowoc	10:30 AM								
Milwaukee	9:00 AM								
Northbrook	7:00 AM								
Stevens Point	12:30 PM								
Wausau	1:15 PM								
Rhinelander Airport	See below								
Central Wisconsin Airport	See below								

Fees are listed on Transportation Schedule mailed with packet.

RETURNING FROM CAMP

	time/date	7/03	7/11	7/18	8/03	8/09	8/11	8/18		
Green Bay	11:30 AM									
Madison	12:30 PM									
Manitowoc	12:00 PM									
Milwaukee	2:00 PM									
Northbrook	4:15 PM									
Stevens Point	10:45 AM									
Wausau	10:00 AM									
Rhinelander Airport	See below									
Central Wisconsin Airport	See below									

Fees are listed on Transportation Schedule mailed with packet.

Air Arrival: Campers flying to Camp should book reservations into either the Rhinelander, WI, (RHI) or Central Wisconsin Airport (CWA) in Mosinee (near Wausau, WI.) Rhinelander is roughly 50 miles from Camp, Wausau is 100 miles away. Seating is limited so it is best to book your reservations well in advance.

- It is important that we know about all air travel 4 weeks prior to arrival.
- You can make arrangements to have your child met at the airport on the transportation reservation form. Flights should be scheduled to arrive between 9:00 a.m. and 3:00 p.m. on opening day and depart between 9:00 a.m. and 2:00 p.m. on closing day. Flights scheduled outside of these hours require additional trips to the airport and are subject to a \$100.00 charge for arrival and departure. Please call (715) 385-2312 to make arrangements.

Complete and Return by **APRIL 30, 2009**

Camp Manito-wish YMCA
P.O. Box 246, Boulder Junction, WI 54512
Phone: (715) 385-2312 Fax (715) 385-2461

2009
Health History Record

We use this information to: (a) Provide healthcare staff with background about your child; (b) Educate administrative and counseling staff about camper needs; (c) Brief the kitchen staff about diet needs. Receiving this information prior to your child's arrival is crucial to our ability to provide a supportive environment.

_____ **Boys 2-week (1)** (June 20 – July 3)
_____ **Boys 2-week (2)** (July 5 – July 18)
_____ **Boys 4-week** (June 20 – July 18)
_____ **LumberJack** (July 5-11)

_____ **Girls 2-week (1)** (July 21 – August 3)
_____ **Girls 2-week (2)** (August 5 – August 18)
_____ **Girls 4-week** (July 21 – August 18)
_____ **LumberJill** (August 5–11)

Outpost Session (name of trip/session):

Name _____

Birth date _____

Complete Address _____

Home Phone () _____

Parent/Guardian Names _____

Complete Address _____

Phone #s: Contact Name _____ Contact Name _____
Home: (if different) _____ Home: (if different) _____
Work () _____ Cell () _____ Work () _____ Cell () _____

Emergency Contact: *If parents cannot be reached or are traveling, this person needs to be ready to assume responsibility and care for the camper in the event he/she needs to leave camp due to behavior, injury, or illness.*

Name _____ **Relationship** _____

Address _____

Phone: Home () _____ Work () _____ Cell () _____

PLEASE NOTE: *Each participant is responsible for any medical expenses and should be covered by his/her own sickness and accident insurance.*

Is participant covered by any hospitalization/medical care policy? YES _____ NO _____

Insurance Co. Name _____

Complete Address _____

Subscriber Name _____

Policy or Certificate # _____

Does insurance co. require pre-authorization? YES _____ NO _____ Phone () _____

SIGNATURE REQUIRED:

I, the undersigned, being the custodial parent/guardian of _____, a minor under the age of 18 years, hereby give my express consent for my son or daughter to participate in the Camp Manito-wish YMCA program. By giving this consent, I expressly acknowledge that I have been made aware that my child may be exposed to the risks of nature and the elements over which neither the Camp nor its employees have control. Having been informed of such risks, I specifically agree that my child may participate in the program. If my child is participating in the Outpost program, I specifically give my permission for my child to cross an international border(s), should the trip be so routed.

I hereby give permission to the physician selected by the camp director to order X-rays, routine tests, and treatment for the health of my child, and in the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director, or to any medical facility, to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child as named above. I also give permission for camp staff to dispense prescribed and/or over-the-counter medication to my child under direction of the consulting physician. I understand the information on this form will be shared on a "need to know" basis with camp staff. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status. I accept responsibility for medical/surgical treatment charges which may be incurred on my child's behalf.

Parent (if under 18) Signature _____

Date _____



Health History Record for Camper

Name _____

To be filled out by parent/guardian of camper

IMPORTANT -- When Completing this Form Please Note:

- Every item in every section must be completed. Mark N/A if any section is not applicable to you.
- Keep a photocopy of this medical form for your records.

Family Physician _____ Phone () _____

Family Dentist _____ Phone () _____

Orthodontist _____ Phone () _____

Past and Present Medical Problems

CONDITIONS AND SYMPTOMS: Please check any of the following which are applicable either presently or at any other point in the past.

	YES	NO	Recovered		YES	NO	Recovered
1. Asthma	___	___	___	17. Sleep Problems	___	___	___
2. Allergies	___	___	___	a. Active Bedwetting	___	___	___
a. Medications	___	___	___	b. Trouble falling asleep	___	___	___
b. Foods	___	___	___	c. Sleep (Walking/talking/snoring)	___	___	___
c. Environmental	___	___	___	18. Mental/Emotional Health Problems	___	___	___
d. Anaphylactic Reaction	___	___	___	a. Learning Disability	___	___	___
3. Broken Bones	___	___	___	b. Attention Deficit Disorder (ADD)	___	___	___
4. Shoulder Problems	___	___	___	c. ADHD	___	___	___
5. Knee Problems	___	___	___	d. Depression	___	___	___
6. Ankle Problems	___	___	___	e. Obsessive Compulsive Disorder	___	___	___
7. Back Problems	___	___	___	f. Substance Abuse	___	___	___
8. Eating Disorders	___	___	___	g. Anxiety Disorder	___	___	___
9. Skin Problems (rash, acne)	___	___	___	20. Poison Ivy Reaction	___	___	___
10. Cold Sores	___	___	___	21. Reaction to Insect Bite	___	___	___
11. Headaches	___	___	___	22. Reaction to Drug	___	___	___
12. Dizziness	___	___	___	23. Seizure Disorder	___	___	___
13. Fainting	___	___	___	24. Bleeding Disorders	___	___	___
14. Menstrual Cramps	___	___	___	25. Diabetes	___	___	___
15. Head Injury (Concussion)	___	___	___	26. Heart Murmur	___	___	___
16. Mononucleosis	___	___	___	27. Positive TB Test	___	___	___
				Cardiac Disease	___	___	___
				28. Other	___	___	___

If you have answered "yes" to any of the above items, please give a detailed explanation of how you deal with it at home.

ITEM #	DETAILED DESCRIPTION

FAMILY HISTORY: Have there been any changes in your family history/situation? (divorce, death, etc.)

MEDICATIONS: Please send only prescription medications which your child is currently using (within the last 4 months). **Prescriptions must be in original containers.** We supply all necessary over-the-counter medications for common ailments and illnesses. Should your child be prescribed a medication while at Camp, it will be called in (and paid for by you in advance) to the pharmacy at the Marshfield Clinic (715-358-1000) in Minocqua or the Walgreens location in Woodruff, WI.

2009 Physical Examination Record

Name _____
 Summer Camp Session _____
 Outpost trip/session _____
 Staff _____

PHYSICAL EXAM POLICY:

*You must have a **physical exam within 12 months of the session start date***

TO THE EXAMINING PHYSICIAN: We need your help! Camp Manito-wish YMCA is a resident summer camp in Boulder Junction, WI. All staff and campers are required to be physically active, and participate on canoeing, sea kayaking and backpacking trips of varying lengths. Physical activity may include:

~ Strenuous activities during hot weather ~ Carrying heavy packs and /or canoes ~ Walking on uneven terrain ~

It is important to the safety and well-being of all participants that we obtain accurate information regarding this person's current medical status and medical history.

IMMUNIZATION: You may send a copy of medical office record. Required immunizations must be determined locally. Please record the date (month/year) of basic immunizations and most recent booster doses.

VACCINES	Date of Basic Immunization	
Diphtheria Pertussis (Whooping Cough) Tetanus	DPT/DTaP	1. 2. 3.
Tetanus Diphtheria	or TD	
Injectable Polio (Salk)		
Oral Polio (Sabin)	TOPV	
Tetanus		
Measles, Mumps, Rubella, or MMR		
Pneumococcus (Prevnar)		
Hepatitis B (HBV)		
Hemophilus Influenza type B (HIB)		
Meningococcus		
Other		

STAFF ONLY: Tuberculin test given _____ Administer Mantoux _____ neg/pos Chest x-ray if nec. _____
 (must be within 12 months of start date for Staff) DATE _____ DATE _____
 Have you been out of the country in the last year? Y / N If yes, where? _____
 Date of Return to States _____

ALLERGIES: (For example: Medications, Insect Stings, Environmental, Food)

Allergy (list below)	Reaction	Medication Required

PHYSICIAN'S PROGRESS NOTE OR SPECIAL INSTRUCTIONS:

****If the participant has diabetes or anaphylactic reactions, please be sure to provide complete treatment information.**



PHYSICAL EXAMINATION

(To be filled out by licensed physician)

Name _____

Code: S - Satisfactory NS - Not Satisfactory (explain) O - Not Examined

Height _____ Weight _____ B.P. _____ Hct. or Hgb. Test _____

Eyes _____
Glasses _____
Ears _____
Nose _____
Throat _____
Heart _____
Genitalia _____
Lungs _____
Abdomen _____

Hernia _____
Extremities _____
Including:
Shoulder _____
Knees _____
Ankles _____
Feet _____
Posture (Spine) _____
Skin _____

ALLERGY: _____

GENERAL APPRAISAL: _____

For Females: Has this person menstruated? _____ If not, has she been educated about menstruation? _____
If so, is her menstrual history normal? _____ Special considerations: _____

Recommendations and restrictions while in camp:

Special Diet _____
Current Medications _____
Strenuous Activity _____
Other _____

**Is parent sending it? _____
(see below)

TO EXAMINING PHYSICIAN: Please list all Physician Orders for medication or treatment, including vitamins and homeopathic treatments.

**The Camp RN will only administer medications for which information is completed below.

MEDICATION

Medication	Dosage	Freq (# days)	route	if prn - indicate reason

TREATMENTS

If participant is on psychiatric medications, for how long have they been on their current medication routine (dose and frequency)? _____

If a change has been made in that last three months, please give more information. _____

PHYSICIAN'S SIGNATURE REQUIRED:

On the basis of your knowledge of the applicant, the applicant's medical history, the present physical examination of this applicant, and your knowledge of the activities in which they will be asked to participate, do you feel this individual is able to participate in the Camp Manito-wish program? YES _____ NO _____

Name of Physician (Please Print): _____

Complete Address: _____

Telephone: () _____ Email: _____

Physician's Signature _____ Date _____