



Voyageur, Georgian Bay and Mariner Sea Kayaking Equipment List

The following is a list of all clothing and personal equipment needed to have a comfortable wilderness experience. It is designed to help you prepare and give you an idea of how each piece of gear will be used. Because weather is unpredictable, there is no guarantee that all of the equipment will be used. We have carefully prepared this list and your time on the water is no time to take chances.

This list is meant to be followed closely. Bringing less may lead to cold challenges and bringing more will result in heavier boats.

If you have any questions, or if you would like any more information regarding any of the items on the list, please contact Jay Creagh at 715-385-2312 or jay.creagh@manito-wish.org

Footwear			
Equipment	Quantity	Comments	Check List
Neoprene wet shoes	1	Neoprene booties with sole. Look for a boot that will keep you warm, has a little bit of tread and will be comfortable sitting in a kayak all day.	
Neoprene socks	Optional -1	Durable for use on very cold days. Bring if you have a history of poor circulation or frost bite. Not necessary for Georgian Bay.	
Socks	3	Medium wool, merino wool or ragg, or thick polypropylene (no wool/cotton blends). Go with what works for you.	
Camp shoes	1	Cross trainers, tennis or running shoes in good condition for around camp and short day hikes (think light). Open toed sandals will not be acceptable.	

Upper Body Clothing			
Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear top	1	Synthetic or merino wool base layer top. (Examples; Patagonia Capilene/Wool, Icebreaker 220-260, Smart wool, Under Armor, Mountain Hardwear)	
Thin fleece or heavy long underwear	1	Any secondary fleece layer of 100-200 weight. Expedition-weight long underwear works as well. Not necessary if bringing down jacket	
Fleece jacket	1	Should fit over other layers. Can be generic brands. Older fleece tends to lose its loft.	
Rain jacket	1	Durable and heavy duty water proofing is highly recommended. Should fit over all layers including a down jacket. For Mariner, consider a multi-layer waterproof Gore-tex or 3-layer equivalent.	
Lightweight short sleeve top	2	One for in-camp and one for hiking.	

Lower Body Clothing			
Equipment	Quantity	Comments	Check List
Light to midweight bottoms	1	Synthetic or Merino Wool base layer. (Examples; Patagonia Capilene/Wool, Icebreaker, Smart wool, Under Armor, Mountain Hardwear)	
Fleece pants	1	Can be generic brands. Older fleece tends to lose its loft.	
Rain pants	1	Waterproof and durable. Vinyl/rubberized not acceptable	
Wind pants	1	Your rain pants may double as wind pants. If you choose to bring these, they should fit over all layers.	
Nylon shorts	1	Athletic shorts are fine. They will be used for hiking and around camp.	

Hands and Head			
Equipment	Quantity	Comments	Check List
Wool/fleece hat	1	Anything that will cover your ears	
Baseball cap or hat with brim	1	Sun protection is the primary use	
Liner gloves	1	Basic lightweight or synthetic gloves	
Mitten shells	Optional	Shells to help keep gloves dry in rain.	
Head net	1	Handy for when bugs are out in force.	
Bandanas	2-3	Any old bandana will do. Optional for Men's trips and necessary for women's trips.	
Paddling Gloves or Mitts	1	Look for neoprene gloves or waterproof paddling mitts. NRS has a good supply to look through	

Sleeping Equipment			
Equipment	Quantity	Comments	Check List
Sleeping bag	1	We recommend synthetic bags rated to 15-20 degrees F. The possibility for multiple days of rain make it impossible to keep a down bag dry.	
Sleeping pad	1-2	1)Should be closed-cell foam and 3/8" thick that will serve as the insulator between you and the ground. (can be borrowed from Camp) 2)Inflatable pads such as Thermarest, Exped and Big Agnes.	
Sleeping bag compression stuff sack	Optional	For Sea Kayaking we recommend waterproof stuff sacks.	
Dry Bags	2-3	Small stuff sacks that will be easy to pack in hatches are preferred. 20 L is the largest size that we recommend for packability.	

Paddle			
Equipment	Quantity	Comments	Check List
Kayak Paddle	1-optional	Some participants bring their own lightweight paddle. Werner and Adventure Technology have been reputable brands.	

Miscellaneous Personal Gear

Equipment	Quantity	Comments	Check List
Passport/Gov. Issued Photo ID	1	You need a PASSPORT for Georgian Bay and Mariner. No identification necessary for Voyageur Sea Kayaking.	
Sunglasses with floating straps/croakies.	1 pair	Any good quality sunglasses with 100% UV protection will work. If you wear prescription glasses and have impaired vision without them, bring prescription sunglasses or high quality clip-ons. Polarized glasses are a plus on the water. You will find them from \$20 to hundreds of dollars.	
Sunscreen	1 tube or bottle	One tube or bottle of 2-3 oz will do. Make sure it is at least SPF 30 or greater. If you burn easily, bring zinc oxide.	
Lip balm	1	Stick or cream. Make sure it provides sun protection	
Insect repellent	1	Small bottle	
Water bottle	2	Wide mouth quart or liter size	
Journal	1	Small packable journal with pen/pencil. Avoid heavy notebooks	
Toiletries	NA	Toothbrush and paste, comb/brush, lotion, prescription meds, feminine hygiene products. If possible, avoid odorous items as they can attract bears. No deodorant.	
Prescription glasses or contact lenses	NA	Bring a spare set if this pertains to you.	
Spending money	\$100-\$200	Cash. Money for t-shirts, additional snacks, Trading Post purchases, Fishing Licenses.	

Optional Gear

Equipment	Quantity	Comments	Check List
Camera/Film	1	Small, light and durable with spare batteries. Extra memory cards also recommended. Waterproof case highly recommended.	
Book	1-2	Small books to be shared with group.	
Vitamins	1	Multi-vitamin supplement	
Knife	1	Small pocketknife, Leatherman	
Headlamp	1	Optional due to lack of darkness for much of the trip. Can be useful toward end of trip	
Underwear	2-3 pair	Personal preference. For women, sports bras made out of a moisture wicking material are recommended.	
Fly fishing gear	1 set	Quality of fishing depends on the route. Fly or Spin Casting Rod.	
Whistle	1	If you tend to get attached to your whistle, this way you can keep it at the end of the trip.	Can Borrow from Camp
Crazy Creek or similar camp chair	1	Many former campers recommend these for around the campsite.	
Neck warmer or balaclava	1	Fleece or merino wool work well. If you tend to get cold easily, bring one.	
Eating gear	1	If you have your favorite bowl, mug, or spoon, bring it. Tupperware(1-2 pint) type bowls with a lid, lexan plastic spoon and an insulated mug(12-20 oz. are recommended).	Can Borrow from Camp
Compass	1	If you have one that you are comfortable using, bring it.	
Binoculars	1	Small, lightweight binoculars could allow you to see some neat things.	

Clothing for Camp Manito-wish

Equipment	Quantity	Comments	Check List
4-5 days worth of clothing	1	During this time you will be indoors, outdoors and getting dirty. Bring some old comfortable clothes that will be stored at Camp while you are on trail. Please keep it to what you will need.	
Towel	1	For showering at Camp.	
Toiletries	1	Anything that you won't take on trail – shampoo, soap, deodorant	
Bedding	1	Sheets/pillow for time at Camp before and after Camp. You can also use your sleeping bag.	

Gear Provided by Camp Manito-wish

Tents

Stoves and fuel

Cooking gear

Kayaks, paddles, skirts

Safety gear

Equipment repair kits

Maps and Compass

First Aid Kits

Emergency Communication Devices

Water Treatment

Wetsuits