

Experience

MANITO·WISH®

LumberJack/LumberJill Canoe Trip - What to Bring List

The following What To Bring list is to be followed closely. This list includes all clothing and equipment you will need for your time at Camp and on your wilderness trip (trail). You will spend **2 nights in a cabin and 4 nights** on your wilderness trip.

- ✓ Campers should wear the kind of outdoor clothing in which they will feel most comfortable. Camp Manito-wish does not require a special uniform for campers, however, clothes should be suitable for camping - do not bring nice clothing.
- ✓ All clothing must be marked with the camper's name (name tape order info at the end of this list)..
- ✓ Leave valuables at home. **Camp is not responsible for lost, stolen, or damaged items.**
- ✓ For space reasons, pack in soft luggage/duffle bags as there is limited storage in camper cabins.

DO NOT BRING:

Good clothing, food of any kind (gum, candy or snacks), electronics, cell phones, curling irons, or hair dryers.

*Cell phones with a camera feature are not considered cameras at Manito-wish.
(Above items brought by mistake will be held for your camper.)*

FOR THE CABIN AND AT CAMP – items with an * can be ordered or bought at Camp

For the Cabin and Camp

Stuff	Quantity	Comments	Check List
Warm blankets or Sleeping Bag	1-2	Sleeping bag can function for in the cabin and on the trip. It can get into the 30s on occasion.	
Twin Bed Sheet Sets	optional	This can be nice for the nights before and after the trip. You may also use your sleeping bag.	
Pillow Cases	1	For in the cabin.	
Pillow	1	For in the cabin.	
Sleeping clothes	1 set	Bring something for cold northern Wisconsin nights	
Bath Towels	1-2		
Personal Grooming Articles/toiletries	1 set	Combs, nail clippers, deodorant, toothbrush, toothpaste, soap, shampoo, etc.	
Flip flops/sandals	1 pair	To be worn to the washhouse and during showers.	
Socks & Underwear	4 changes	Enough for two full days spent at Camp.	
Swimsuit	2	These will be used at Camp and on your trip.	
Pants & Shorts	2 pair	One pair of pants will get wet during the swim test the first day.	
T-shirts	3-4		
Sweatshirt/fleece	2		
Long Sleeve Shirts	2		
Laundry Bag *	1	Mesh or cloth bag. Labeled with your name.	
Books/Journals	optional		

FOR WILDERNESS TRIP (ALL campers will go on the trail!) Items with an * can be ordered or purchased at Camp

Footwear

Equipment	Quantity	Comments	Check List
Hiking Boots	1	Look for boots with good ankle protection and support and a durable sole. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip. These will get wet	
Socks	3	Heavy wool, merino wool or ragg, or thick polypro (no cotton).	
Campsite shoes	1	Cross-trainers, tennis or running shoes in good condition for around camp and short day hikes. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	

Upper Body Clothing

Equipment	Quantity	Comments	Check List
Light to mid-weight long underwear top*	1	Synthetic or Merino Wool base layer top. No Cotton.	
Fleece jacket	1	Should fit over other layers. Can be generic brands for fleece.	
Rain jacket*	1	We recommend "rain proof" not "rain resistant. Durable and heavy duty water proofing is highly recommended. Should fit over all layers.	
Lightweight short sleeve top	1-2	This can be a cotton t-shirt or polypro top.	

Lower Body Clothing

Equipment	Quantity	Comments	Check List
Light to midweight long underwear *	1	Synthetic or Merino Wool. No cotton.	
Fleece pants	1-optional	Can be generic brands. Older fleece tends to lose its loft.	
Rain pants*	1	Water proof and durable. Vinyl/rubberized is okay.	
Lightweight tripping pants	1	Zip off, quick dry pants have worked well as bug and sun protection. Nylon wind pants work as well.	
Nylon shorts or swim shorts/ Swimsuits	1	They will be used for hiking and around camp and swimming. Girls report that they like 2-piece suits for ease of going to the bathroom.	

Hands and Head

Equipment	Quantity	Comments	Check List
Wool/fleece hat *	1	Anything that will cover your ears	
Baseball cap or hat with brim *	1	Sun protection is the primary use	
Bandannas	2-3	Any old bandanna will do. Optional for boys, mandatory for girls.	

Sleeping Equipment

Equipment	Quantity	Comments	Check List
Sleeping bag *	1	We recommend synthetic bags rated to 20 to 30 degrees F, with a stuff sack. Should fit into at least a 20"x30" stuff sack.	
Sleeping pad *	1-Optional	Should be foam and 3/8" thick that will serve as the insulator between you and the ground. Pads are also available from Camp.	

Paddle

Equipment	Quantity	Comments	Check List
Paddle *	1-optional	We have Mohawk Paddles that you can borrow. If you would like to purchase paddles at Camp we have Bending Branches Loons and Mohawk Paddles for sale.	

Miscellaneous Personal Gear

Equipment	Quantity	Comments	Check List
Sunglasses with floating straps/ croakies.	1 pair	Any good quality sunglasses with 100% UV protection will work. If you wear prescription glasses and have impaired vision without them, bring prescription sunglasses or high quality clip-ons. Polarized glasses are a plus on the water.	
Sunscreen	1 tube or bottle	Non-aerosol tube or bottle. Make sure it is at least SPF 30 or greater.	
Lip balm	1 -optional	Stick or cream. Make sure it provides sun protection.	
Insect repellent	1	Non-aerosol	
Water bottle *	1	Wide mouth quart or liter size. These can be purchased from Camp.	
Toiletries	NA	Toothbrush and paste, comb/brush, prescription meds, feminine hygiene products. If possible, avoid odorous items as they can attract animals. No deodorant brought on trail.	
Camera	1-optional	Small, light and durable with spare batteries. Extra memory cards and batteries also recommended. Waterproof case nice to have.	
Knife	1-optional	Small pocketknife, Leatherman. Counselor will hold on to when not on trail.	
Headlamp *	1	More versatile than a traditional flashlight. Inexpensive ones can be found by Petzl, Black Diamond and Princeton Tec.	
Bug head net	1	Many past leaders and participants enjoyed having a head net for just before sunset.	
Underwear	2-3 pair	Personal preference. For girls, one sports bras made out of a moisture wicking material are recommended.	
Crazy Creek or similar camp chair *	1 - optional	Many former campers recommend these for around the campsite	
Stuff sack	1-2	This will be used to pack your clothing for the trip. You can use a nylon stuff sack and line it with a garbage bag or get a dry bag. Try to get a smaller size of 20 L (no more than 30 L or 10"x20")	

ANY QUESTIONS?

Call us at 715-385-2312 or e-mail us at camp@manito-wish.org.

***SLEEPING BAGS, SLEEPING PADS, LONG UNDERWEAR, RAIN SUITS and Crazy Creek chairs** can be pre-ordered through Camp Manito-wish. Orders should be placed by April 30, 2011!

****NAME TAPES:** Every item brought to camp must bear the name of the camper. For your convenience, an order form for Sterling Name Tape (1-800-654-5210) is enclosed. Mention **K1626** when ordering.